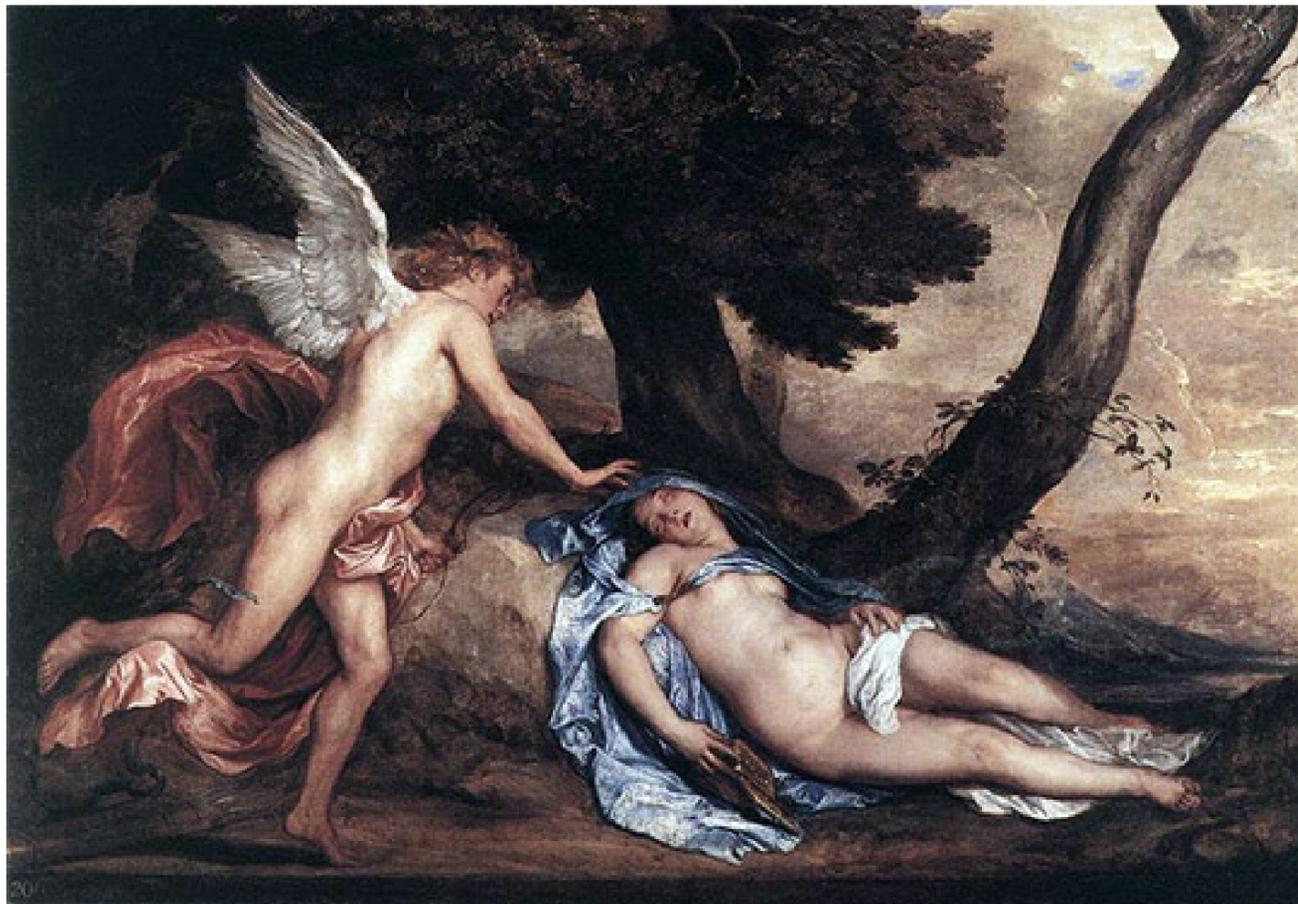


# New Therapist presents

## Eros and Psyche

A relational perspective on the  
journey towards love

A workshop with Sheila Cowburn



### Overview

In this workshop, Sheila Cowburn, a seasoned teacher of Jungian perspectives on therapeutic work, presents a workshop on The Myth of Eros and Psyche. To begin, Sheila will provide a brief introduction to the differences between Jung's and Freud's understanding of the psyche. Then she will explore how, as the archetypal shift from a patriarchal paradigm gathers pace, the problem of the relationship between men and women, the Masculine and the Feminine, intensifies. The Eros/Psyche constellation will be viewed as the archetype of relatedness between men and women, called along the soul's journey from narcissism to mature Love. Overcoming powerful complexes and transcending narcissism are features of the journey of the Soul initiated by Love.

**When:** Saturday, June 20, 2015

**Where:** Akeso Psychiatric Clinic, 216 Woodhouse Rd, Scottsville (see attached map)

**Time:** 08h30 to 16h30 (includes finger lunch)

**Cost:** R980 (all inclusive)

**CPD:** Six CPD points will be awarded for attending this workshop

To confirm your attendance, go to: <http://www.newtherapist.com/shop.html>

## About the presenter

Sheila Cowburn has worked as a Clinical Psychologist and Jungian Analyst in Private Practice in Cape Town for 20 years. She is a member of SAAJA (South African Association of Jungian Analysts) and the IAAP (International Association of Analytical Psychology) and a Training Analyst and Supervisor in SAAJA. She serves as the Chair of the Assessment and Review Committee for candidates in training. Sheila has taught and given workshops in South Africa, Canada and the Jung Institute in Zurich (ISAP).

## Who should attend?

This workshop is directed principally for all mental health professionals who work with couples or in the context of couple-related difficulties, but would be of immense value to anyone who is struck by the struggle modern society engages in understanding the complex relationships between men and women as their roles evolve within with a changing society.

## Banking details for New Therapist

Bank: Standard Bank  
Branch: Pietermaritzburg (code 057525)  
Account type: Current/cheque account  
Account number: 05 214 337 6

## For further enquiries contact:

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## Map to Akeso



New Therapist CPD accreditation number: UP/SP/0002

